



# Safety First

## OPRMC's Comprehensive Concussion Management Program

### INFORMATION SHEET

#### WHAT ?

A concussion is a traumatic injury caused when the brain violently moves within the skull injuring brain cells. The experts at Overland Park Regional Medical Center offer educational programs and testing to prevent concussions and treat concussions should one occur.

As part of our program, OPRMC uses ImPACT™, a computer based test widely used on athletes in the MLB, NHL, NBA, MLS and NFL.

In the preseason, athletes are given a baseline test. Should a concussion occur, a follow-up test may be administered to assist physicians in making that crucial "return to play" decision.

#### WHY?

The concussion management program helps ensure a culture of "Safety First," and is a significant part of OPRMC's commitment to student athletes.

Testing provides physicians a comparison between baseline and post injury. This helps your doctor to diagnose and manage the concussion. It can also help your physician answer difficult questions about an athlete's readiness to return to play.

#### WHO?

Any child, age 10 and up, is eligible for testing, which is recommended every two years.

#### HOW TO SCHEDULE?

You can make a one-on-one appointment for baseline testing and/or post-injury testing by calling (913) 541-3365. Testing takes about 45 minutes and will typically take place on the Overland Park Regional Medical Center Campus.

#### QUESTIONS?

For questions on injury treatment or to learn more about the experts at OPRMC call (913) 541-3365 Monday through Friday, 8 a.m. to 5 p.m.

For more information about OPRMC's Comprehensive Concussion Management Program, visit:  
[oprmc.com/concussion](http://oprmc.com/concussion)



OVERLAND PARK  
REGIONAL  
MEDICAL CENTER

# OPRMC's Comprehensive Concussion Management Program

DATES	A.M. TIMES	P.M. TIMES
April 6		5 p.m. or 7 p.m.
April 7		5:30 p.m. or 7:30 p.m.
April 8		6 p.m. or 8 p.m.
April 9		5 p.m. or 7 p.m.
April 13		5:30 p.m. or 7:30 p.m.
April 14		6 p.m. or 8 p.m.
April 15		5 p.m. or 7 p.m.
April 16		5:30 p.m. or 7:30 p.m.
April 20		5 p.m. or 7 p.m.
April 21		5:30 p.m. or 7:30 p.m.
April 22		6 p.m. or 8 p.m.
April 23		5 p.m. or 7 p.m.
April 27		5:30 p.m. or 7:30 p.m.
April 28		6 p.m. or 8 p.m.
April 29		5 p.m. or 7 p.m.
April 30		5:30 p.m. or 7:30 p.m.
May 11		5 p.m. or 7 p.m.
May 12		5:30 p.m. or 7:30 p.m.
May 13		6 p.m. or 8 p.m.
May 14		5 p.m. or 7 p.m.
May 18		5:30 p.m. or 7:30 p.m.
May 19		6 p.m. or 8 p.m.
May 20		5 p.m. or 7 p.m.
May 21		5:30 p.m. or 7:30 p.m.
May 25		5 p.m. or 7 p.m.
May 26		5:30 p.m. or 7:30 p.m.
May 27		6 p.m. or 8 p.m.
May 28		5 p.m. or 7 p.m.
June 8		5 p.m. or 7 p.m.
June 9	10 a.m., 11 a.m. or 12 p.m.	5:30 p.m. or 7:30 p.m.
June 10	1 p.m., 2 p.m. or 3 p.m.	6 p.m. or 8 p.m.
June 11	9 a.m., 10 a.m., 11 a.m. or 12 p.m.	5 p.m. or 7 p.m.
June 15		5:30 p.m. or 7:30 p.m.
June 16	10 a.m., 11 a.m. or 12 p.m.	6 p.m. or 8 p.m.
June 17	1 p.m., 2 p.m. or 3 p.m.	5 p.m. or 7 p.m.
June 18	9 a.m., 10 a.m., 11 a.m. or 12 p.m.	5:30 p.m. or 7:30 p.m.
June 22		5 p.m. or 7 p.m.
June 23	10 a.m., 11 a.m. or 12 p.m.	5:30 p.m. or 7:30 p.m.
June 24	1 p.m., 2 p.m. or 3 p.m.	6 p.m. or 8 p.m.
June 25	9 a.m., 10 a.m., 11 a.m. or 12 p.m.	5 p.m. or 7 p.m.
July 6	10 a.m., 11 a.m. or 12 p.m.	5 p.m. or 7 p.m.
July 7		5:30 p.m. or 7:30 p.m.
July 8	1 p.m., 2 p.m. or 3 p.m.	6 p.m. or 8 p.m.
July 9	9 a.m., 10 a.m., 11 a.m. or 12 p.m.	5 p.m. or 7 p.m.
July 13	10 a.m., 11 a.m. or 12 p.m.	5:30 p.m. or 7:30 p.m.
July 14		6 p.m. or 8PM
July 15	1 p.m., 2 p.m. or 3 p.m.	5 p.m. or 7 p.m.
July 16	9 a.m., 10 a.m., 11 a.m. or 12 p.m.	5:30 p.m. or 7:30 p.m.
July 20	10 a.m., 11 a.m. or 12 p.m.	5 p.m. or 7 p.m.
July 21		5:30 p.m. or 7:30 p.m.
July 22	1 p.m., 2 p.m. or 3 p.m.	6 p.m. or 8 p.m.
July 23	9 a.m., 10 a.m., 11 a.m. or 12 p.m.	5 p.m. or 7 p.m.
August 3	10 a.m., 11 a.m. or 12 p.m.	5 p.m. or 7 p.m.
August 4		5:30 p.m. or 7:30 p.m.
August 5	1 p.m., 2 p.m. or 3 p.m.	6 p.m. or 8 p.m.
August 6	9 a.m., 10 a.m., 11 a.m. OR 12 p.m.	5 p.m. or 7 p.m.
August 10		5:30 p.m. or 7:30 p.m.
August 11	10 a.m., 11 a.m. or 12 p.m.	6 p.m. or 8 p.m.
August 12	1 p.m., 2 p.m. or 3 p.m.	5 p.m. or 7 p.m.
August 13	9 a.m., 10 a.m., 11 a.m. or 12 p.m.	5:30 p.m. or 7:30 p.m.
August 17		5 p.m. or 7 p.m.
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August 27		5:30 p.m. or 7:30 p.m.